



JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

August, 2015 Edition

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PRESIDENT'S MESSAGE

Jai Jinendra!

With the grand success of our Mahavir Janma Kalyanak Program, I am thrilled and amazed with the great support I have received from our volunteers, Swami Vatsalya sponsors, and all Pathshala teachers. The stage program was the result of the very hard work and talent of our Pathshala children, their teachers and parents. I would like to thank all participants, coordinators, teachers, parents and all the volunteers who have put on hundreds of hours to make the entire stage program successful and one that exceeded our expectations in all respect!

Next month, we will be celebrating Paryushan Parva followed by Das Lakshan Parva. We have planned various activities during these auspicious days, as mentioned in other sections of this newsletter. All members are urged to come and visit the Jain Center during these celebrations.

We do not have any sponsor for the Swami Vatsalya Bhojan during Swapna Ceremony program on Sunday, September 13th. The total expenses are around \$6,001. Please partner with other families and friends, and become sponsor for this event.

Thank you to those who attended the 18th Biennial JAINA Convention held at Atlanta, GA. The convention had 4,000 people gathered from all over the world to celebrate Jainism and participate in so many wonderful activities. The Convention theme, appropriately titled "Ahimsa: A World of Non-Violence," found its rightful site in Atlanta, the birthplace of one of the greatest global apostles of peace: Dr. Martin Luther King, Jr. The Convention was graced by over 30 erudite Jain monks, nuns, scholars (from India as well as other nations including the US), leading social activists, distinguished professionals and patrons. I hope you had a wonderful time listening to the distinguished speakers, eating the delicious food, and enjoying the entertainment.

Over the last few months, we had the pleasure of having several speakers visit our Jain Center, including His Eminence Cardinal Turan, Shri Dhirajbhai Pandit, Shri Rahul Kapoor, Pandit Champakbhai Mehta, and very recently Tarlaben Doshi. We also hosted 12 youth from India as part of the first ever Jain Youth Exchange Program. Information about these events is included in the following pages of the newsletter.

On behalf of the Executive Committee, I want to thank all volunteers for their help during our past programs. Without your dedication, selfless devotion, and spirit of volunteerism we would not be successful. Every week we have number of activities in our temple, so please come forward and volunteer to help and organize these events. As always, we are looking forward to a large participation in all our future programs.

Your comments and/or suggestions are always welcome, please contact me at (410) 415-3033 or send me an email at President@JainsocietyDC.org.

Janak Rajani, President
Jain Society of Metropolitan Washington

A MESSAGE FROM BOARD OF TRUSTEES

Your Board of Trustees is working very hard and diligently meeting regularly once every week to work on the Fund Raising details for the Temples and the New Jain Center. In the coming weeks, we will be able to release some important information about the Fund Raising program to the members of our Society.

The Temple Committee has been very busy working towards finalizing the set of drawings for the Temples, the Educational and Social wings of the future Jain Center. To that effect, a Special General Body Meeting held on Sunday, August 23, 2015 has approved the Temples' design, Murtis in the Temples, and the overall Jain Center design drawings submitted by the Sompura's and the Architect. This will allow the Temple Committee to proceed with the Civil Engineers and the Architect to start the permit process with the PG County.

The Executive Committee has organized several programs between now and December 31, 2015. Two of the main programs are celebration of Paryushan Parva beginning Thursday, September 10, 2015, and Das Lakshana Parva beginning Friday, September 18, 2015. Please participate actively in these religious activities including the Swapna Ceremony.

In the next few years we have a very big task of funding and building the new Shikharbandhi Temples and the Educational and Social wings of the New Jain Center. The Temple Committee, Construction Committee, Executive Committee and the Board of Trustees are working very actively to make that dream come true. A few members of these committees cannot do all the work by themselves. We need many more volunteers to help achieve our dream – the New Jain Center.

It is my humble request to you all to come forward and call upon any one of the Chairmen of the above named committees, or the President, or the Chairman of Trustees and offer your expertise and knowledge in achieving our ultimate goal. It will be your New Jain Center, yours and your children's future religious and cultural center - let's make it happen. To achieve that goal, we all should contribute by Tan (body), Mann (mind), and Dhann (funds). Let's show the world that we are capable of building such a big Jain Center with authentic Shikharbandhi Jain Temples in the Nation's Capital.

Pravin Dand
Chairman
Board of Trustees, JSMW

PROGRESS FOR THE NEW JAIN CENTER TEMPLE

The temple committee has been diligently working towards completing our dream of an authentic Jain temple for our society. After Mahavir Jayanti, the committee had displayed in the Temple three sets of plan drawings for the membership to provide comments and suggestions. After reviewing all the suggestions, they were given to the Architect to incorporate and come up with new two sets of drawings. The Temple Committee approved one design after carefully reviewing the two drawings. This design was on display at our temple from August 16-23 and was presented to our members at the Special General Body meeting held on August 23rd, 2015 for its review and approval. The Special General Body unanimously approved:

- The selection of Murtis for the temples,
- The layout of the temples, and
- The layout of the Jain center with educational, administrative and dining areas with future multipurpose hall.

Now that we have your approval, we will move forward with:

- Sharing our plans with the rest of the Jain Society Members,
- Submitting Storm Water and Sedimentation Control Management concept Plan for PG County's approval,

- Geotechnical Report by December 2015,
- Submitting preliminary site plan to PG County for their approval and neighborhood hearing,
- Sheela Ropan Ceremony during Spring-2016, and
- Tentative construction and Pratishtha during Fall-2017.

Arvind Shah
Chairman
New Temple Committee, JSMW

PATHSHALA UPDATE

We have had another very busy and successful 2014-15 Pathshala year. We concluded with an annual picnic on the last day of Pathshala. There was moon bounce, snow cones, popcorn and many more fun activities. Thanks to our PTA Coordinators and Parent Volunteers who worked hard to make this a fun and memorable event. It's hard to believe but it's time for the beginning of a new Pathshala year.

Pathshala Year 2015-16 will begin from October 4th, 2015 for children between 3 years and 10th grade. It will be held on 1st, 3rd and 5th Sunday of every month (with exceptions) from September through June between 10:15 a.m. and 12:15 p.m. totaling 20 classes. Our Pathshala curriculum consists of 8 levels. Each student spends a minimum of 2 years in a class except Nursery, Pre-alpha and Class G which is for 1 year each. In addition to Pathshala classes, we conduct Hindi and Gujarati language classes on Pathshala days from 9:15 a.m. to 10:15 a.m. Adult classes are also conducted by Dr. Atul Shah & Pravin Dand on Pathshala days between 10:30 a.m. and 12:30 p.m. Please participate and take advantage of these opportunities.

Pathshala Registration 2015-16

Registration for Pathshala year 2015-16 has already begun. We encourage all members to enroll their children as soon as possible and take advantage of this unique opportunity of teaching our religion and Jain Way of Life to our children. Please fill out the form located on our website at [CLICK HERE](#). There is a lot more information about Pathshala Schedule, Class locations, lunch sponsorship details & guidelines, class details, teacher's contact & curriculum. We encourage you to visit our website and spread the word to anyone who would like to register.

Jain Academic Bowl (JAB) Tournament Update

We had 2 teams participating in the JAB tournament held at the 18th JAINA Convention in Atlanta. Junior JAB team was represented by Harshvi Pinkesh Shah, Yashvi Pinkesh Shah, Shreyal Hemen Gandhi, Arjav Nitin Sogani Jain, Moksh Harshit Shah, and Khushi Nilesh Doshi. Senior JAB team was represented by Kanvi Paresh Shah, Dhruvil Jatin Shah, Deesha Chetan Ajmera, Palash Gautam Shah and Sanket Nilesh Shah. Both teams were coached by Priyal Hemen Gandhi and Foram Jatin Shah. These teams were very competitive and performed amazingly. Hats off to all the kids, you made us proud and are truly inspirational.

JSMW Essay Competition 2015

As we work through Pathshala to provide our youth a foundation of Jain Principles, we recognize that only the students themselves can be true masters of their soul. With that in mind, JSMW Pathshala is hosting its 2nd Annual Essay Competition. This competition is to encourage our kids to think about how Jain principles are actually applicable in their daily lives and to encourage our Pathshala students to think about how Jain Principles are actually applicable in their daily lives. Our Pathshala teacher, Monica Shah has taken a lead on this project. Hats off to all the kids who participated!!! You all have done an amazing job of writing thought provocative and truly inspirational essays. The winners of this contest will be announced during Swapna Ceremony 2015 celebrations. If you are interested in sponsoring the prizes, please contact us at: Competition@JainSocietyDC.org.

Lastly, we appreciate your participation in all the Pathshala activities. We wish you continue to do so and together we can learn and teach the Jain Way of Life. Please feel free to contact Megha Doshi at: Education@JainSocietyDC.org or (703) 200-3080 for any questions/suggestions.

UPCOMING EVENTS

Paryushan Parva from Thursday, September 10th through Thursday, September 17th

We are pleased to announce that Nirmal Sagarji has kindly accepted to grace the Paryushan Parva celebration this year at our Jain Center. During Paryushan Parva, Nirmalji will deliver discourses in Gujarati during the morning and evening sessions. Evening Pravachan will be followed by Aarti & Mangal Divo. The programs during the Paryushan Parva will be held at the Jain Center except for the Swapna Ceremony and Samvatsari Pratikraman. The timings for Pravachans will be as follows:

Thursday, September 10th to Saturday, September 12th

Morning Pravachan: 10:30 a.m. – 12:00 noon

Evening Pravachan: 8:00 p.m. – 9:30 p.m.

Monday, September 14th to Wednesday, September 16th

Morning Pravachan: 10:30 a.m. – 12:00 noon

Evening Pravachan: 8:00 p.m. – 9:30 p.m.

Thursday, September 17th

Morning Pravachan: 10:30 a.m. – 12:00 noon

Swapna Ceremony on Sunday, September 13th at 1:00 p.m.:

This year, the Swapna Ceremony will be celebrated in Eleanor Roosevelt High School located at 7601 Hanover Parkway Greenbelt, MD 20770 on Sunday, September 13th. Swapna Ceremony will start at sharp 1:00 p.m., with a Lecture by Nirmal Sagarji followed by Swapna boli, Parnu, Aarti, and Mangal Divo.

During the Swapna ceremony, members will have the honor of carrying each Swapna to the beats of drums and music. Gheeboli will be performed for all the Swapna's, including Parnu, Aarti and Mangal Divo at the Swapna Ceremony.

If you are interested in taking the Gheeboli for swapna's 1, 2, 3, 5, 6, 7, 8, and 9, the minimum Gheeboli for these swapna's will start with \$301. The minimum Gheeboli for Swapna's 10 through 14 will start with \$501 and the minimum Gheeboli for Lakshmi will start at \$2,001. A maximum of 10 families can join together for taking Gheeboli for a Swapna.

Members are requested to send their Gheeboli amount via email to President@JainsocietyDC.org. Starting Sunday, September 6th, the highest bid amount for each Swapna will be displayed on [our website](#) on the home page every night latest by 10 p.m. The highest bidder amount will be announced in the hall and members will get an opportunity to outbid the highest bidder before the actual event. The Swapna will be assigned to the highest bidder online or in the hall.

The Swapna Ceremony program will be followed by Swami Vatsalya Bhojan (dinner). We hereby encourage and request a donation of \$6,001 from one family or \$501 per family from twelve (12) families to sponsor the Swami Vatsalya Bhojan. Please contact Janak Rajani at (410) 415-3033 or via email at

President@JainsocietyDC.org if you are interested in sponsoring the Swami Vatsalya Bhojan. Please partner with other families and friends, and become a sponsor for this event.

If you want to participate in dinner, please inform us the number of participants (adults, and children of age 4-11 & 12-17) by September 6th by either going on-line on [our website](#) or send a text message/call any one of the following people: Jatin Shah at (703) 926-7451 or Pragnesh Shah at (301) 305-4261.

If we cannot get a sponsor, members sending RSVP by the deadline (September 6th, 2015) will be required to make a minimum contribution of \$10.00 per person (age 5 and above). We will make arrangement for extra food to accommodate guests and members who have not sent their RSVP by the deadline. Such individuals can participate in the dinner by contributing a minimum of \$12.00 per person to the Swami Vatsalya fund.

Options for Raffle and Door Prizes:

1. In an effort to encourage your timely participation at this event, we have planned various prizes this time. Every member of the family who checks-in at the registration desk by no later than 1:30 p.m. and has sent their RSVP before the deadline (September 6th, 2015) will receive one free raffle ticket. The attendee must collect a raffle ticket from the registration desk for him/her only. Any attendee checking-in after 1:30 p.m. can still participate in the raffle drawing by purchasing tickets for a nominal price of \$5 per ticket. Also, additional tickets (no limits) can be purchased for a nominal price of \$5 per ticket any time during the event. All the winners will be picked before the end of the program. Winners must be present when called upon, be able to show their ticket to verify their participation and to claim their prize.

!!!! Raffle prizes include big ticket technology items and gift cards. !!!!

2. If you register for the Swami Vatsalya Dinner through the website, your name will be entered in a lucky draw. After the deadline (September 6th, 2015), the Executive Committee will pick one email address randomly and will notify the lucky winner by sending an email to the email address used for registration. The lucky winner must bring a print out of the email to claim the prize at the registration/check-in desk.

Deravasi Samvatsari Pratikraman on Thursday, September 17th at 3:30 p.m.:

The Deravasi Pratikraman will be performed at Mangal Mandir located at 17110 New Hampshire Avenue Silver Spring, MD 20905 on Thursday, September 17th. The program will start with a speech by Nirmal Sagarji from 2:30 – 3:00 p.m., followed by Ghee Boli between 3:00 – 3:30 p.m. The Pratikraman program will start at sharp 3:30 p.m. After Pratikraman, Aarti and Mangal Divo will be performed at Jain Center immediately thereafter.

Pratikraman in English on Thursday, September 17th at 5:00 p.m.:

Samvatsari Pratikraman in English will be performed at Cloverly Elementary School located at 800 Briggs Chaney Road Silver Spring, MD 20905 starting at 5:00 p.m.

Mothers' Pratikraman on Thursday, September 17th at Noon:

All mothers' with young kids can now participate in an early Pratikraman at the Jain Center starting at noon.

Sthanakwasi Samvatsari Pratikraman on Thursday, September 17th at 3:30 p.m.:

Sthanakwasi Samvatsari Pratikraman will be held at the Jain Center starting at 3:30 p.m.

Tapasvi Bahuman on Thursday, September 17th:

Tapasvis (adults doing 3 or more consecutive Upwas, and children doing some Tapasya) will be recognized at the Jain Center immediately after Aarti & Mangal Divo (approximately at 7:00 p.m.) All members are requested to provide names of Tapasvi and their Tapasya by registering their name at: [CLICK HERE](#). The parna for Tapasvis will be held at the Jain Center on Friday, September 18th morning starting at 9:00 a.m. Various opportunities to

sponsor the parna and other activities are available. We encourage you to please come forward and grab this opportunity as soon as you can by sending me an email at: President@JainSocietyDC.org.

Das Lakshan Parva from Friday, September 18th through Sunday, September 27th

We are graced with lectures via a web conference of Pandit Kumud Chand Soni (from Ajmer, Rajasthan). These programs during the Das Lakshan Parva will be held at the Jain Center at timings mentioned as follows:

Friday, September 18th at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Saturday, September 19th at 9:30 a.m.:

Abhishek and Daslakshan Parva Pooja at 9:30 a.m. followed by Pravachan and lunch

Sunday, September 20th at 9:30 a.m.:

Abhishek and Daslakshan Parva Pooja at 9:30 a.m. followed by Pravachan and lunch

Monday, September 21st at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Tuesday, September 22nd at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Wednesday, September 23rd - Sugandh Dashmi at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Thursday, September 24th at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Friday, September 25th at 7:30 p.m.:

Arti and Stutis at 7:30 p.m. followed by Pravachan

Saturday, September 26th - Ratnatray Prarambh at 9:30 a.m.:

Abhishek and Daslakshan Parva Pooja at 9:30 a.m. followed by Pravachan and lunch

Sunday, September 27th - Anant Chaturdashi

Abhishek and Daslakshan Parva Pooja at 9:30 a.m. followed by Pravachan and lunch. There will be a Pratikraman at 2:00 p.m. followed by Arti and Stutis.

On both weekends (September 19-20 and 26-27), lunch will be provided. Please send your RSVP via an email to either: MeetaSogani@gmail.com or PavanZaveri@yahoo.com.

Lecture Series by Pandit Kumud Soni: Friday, October 2nd to Monday, October 5th

We are pleased to announce that Pandit Kumud Soniji has kindly accepted to grace our Jain Center with a lecture series this year. We encourage you to attend the lectures and take advantage of Panditji's presence.

Friday, October 2nd: Lectures at Jain Center from 8:00 p.m. to 9:30 p.m.

Saturday, October 3rd: Lectures at Jain Center from 10:00 a.m. to 11:30 a.m.

Sunday, October 4th: Lectures at Jain Center from 1:30 p.m. to 3:00 p.m.

Monday, October 5th: Lectures at Jain Center from 8:00 p.m. to 9:30 p.m.

WORK IN PROGRESS: Panch Tirth Yatra Bus Trip

In the past, we had a very enthusiastic response from our members to join the Panch Tirth Yatra and visit the temples in NY/NJ/Pittsburg/Harrisonburg area. We are currently working on organizing this Tirth Yatra on October 10-11 weekend. We plan to coordinate with various Jain temples in Atlantic City, Cherry Hill, Siddhachalam, Essex Fells, New York, Philadelphia, and Rhode Island with an overnight stay at Siddhachalam. We will provide final details once all arrangements are made. Please be on the lookout for an email announcement in the upcoming weeks.

You can become a Sanghpati by donating \$1,001.00 towards this Panch Tirth Yatra. Two adult seats will be allocated as a part of the recognition and a "Bahuman" will be performed during the Panch Tirth Yatra. If you are interested in becoming a Sanghpati, please contact Janak Rajani at (410) 415-3033 or by sending an email at President@JainsocietyDC.org.

ON-GOING EVENTS

Following are the details of the ongoing programs at the Jain Center:

- Bi-weekly Sunday School Pathshala from September to June. Please contact our Director of Education, Megha Doshi at Education@JainSocietyDC.org or (703) 200-3080.
- Adult religious classes are also held in parallel with Sunday school. Please contact Dr. Atul Shah at 301.274.0319, or Pravin Dand at 301.384.3367 for more information.
- Kesar/Chandan Poojan each Saturday at 10:00 a.m.
- Monthly Snatra Pooja (Sundays) - 10:30 a.m. followed by lunch.
- Dev Shashtra Guru Pooja on 1st Sunday of each month - 10:00 a.m. to 11:00 a.m. followed by lunch.
- Namokar Mantra Jaap followed by Kesar Pooja on last Saturday of each month at 9 a.m.

PAST EVENTS: A Brief Synopsis

- *Lecture Series by Tarlaben Doshi:* Tarlaben visited our Jain Center and blessed us with Pravachans starting from Tuesday, August 11th to Friday, August 14th. On behalf of entire Executive Committee, we thank Bhupeshbhai Mehta for hosting Tarlaben and providing her transportation to/from his home to our Jain Center.
- *Lecture Series by Pandit Champakbhai Mehta:* Panditji graced us with lectures and Pratikraman from Monday, July 27th through Thursday, July 30th. His lectures were based on "Arth and Vidhi of Performing Pratikraman." Since Thursday, July 30th was Chaumasi Choudas, we performed Chaumasi Pratikraman at our Jain Center from 6:30 p.m. onwards that day. On behalf of entire Executive Committee, we thank Atulbhai Shah for hosting Panditji and providing him transportation to/from his home to our Jain Center.
- *Shri Rahul Kapoor's Presentation:* This event was scheduled on Saturday, July 11th between 10:30 a.m. and 12:30 p.m. at our Jain Temple. We also hosted a one-on-one meeting between our youth members and Shri Rahulji on Friday, July 10th during a "Dialog with Desserts" session. His presentation was very dynamic and hands-on discussion on being a leader as a Jain. On behalf of entire Executive Committee, we thank Prashantbhai Shah who captured these fine memories while the attendees sat back and enjoyed the presentation. An email was sent to all members with the six video links. If not already, please view the video as soon as possible.
- *Samniji (Parimal Pragyaji and Maryada Pragyaji) Visit:* Both Samniji's had graciously accepted the invitation to visit our Jain Temple. They gave a lecture on Sunday, June 28th between 1:30 p.m. - 2:30 p.m. at the Jain Center followed by an hour long meditation. On behalf of entire Executive Committee, we thank

Bhupeshbhai Mehta for hosting Samnji and providing them transportation to/from his home to our Jain Center.

- Jain Youth Exchange Program: On Saturday, June 27th, a delegation of 12 JAIN youths arrived in Washington, D.C. for embarking a 4-day journey in and around the nation's capital. Starting with a stop at a local Cambodian Temple, they were welcomed at our Jain Center by our dedicated members. The youths participated in the darshan and pooja at the Jain Temple followed by a one-on-one meeting with Samnji (Parimal Pragyaji and Maryada Pragyaji). They visited Baltimore Inner Harbor, Washington monuments, U.S. Capitol, U.S. Department of State, Embassy of India, Library of Congress, and U.S. Chamber of Commerce. At the National Museum of Natural History, these youth experienced the groundbreaking exhibition "Beyond Bollywood" to explore the heritage, daily experience and diverse contributions that Indian immigrants have made in shaping the United States. They participated in an interfaith dialogue at the American Jewish Committee (AJC) in collaboration with the Hindu American Foundation (HAF) for a discussion on domestic and global advocacy as well as participate in a discussion revolving on United States-India economic and political relations from the U.S. perspective. After each day of travel, the youth met with local Indian-American youth and exchanged, compared and contrasted ideas and thoughts between their upbringing and culture in respect to Jainism. On behalf of entire Executive Committee, we thank the entire team that pulled this pilot program together in very short notice, and made it successful in spite of the last minute bumps due to visa printing issue that put the entire program on hold. We would like to thank specifically Dr. Sushil Jain and Asha Jain for hosting this delegation at their home; all volunteers including Jayeshbhai Mehta, Pareshbhai Shah, Vishalbhai Mehta, and their families; and our youth members Ayush Jain, Sanket Shah, Aanal Gandhi, Priyal Gandhi, Kayuri Shah, and Ravi Doshi for spending time with the 12 youth visitors and taking them around Washington, D.C.
- Lecture Series by Pandit Dhirajbhai Mehta: Panditji visited our Jain Society from June 18th to 20th and graced our members with his lectures. On behalf of entire Executive Committee, we thank Pravinbhai Dand for hosting Panditji and our members Navinbhai Vora and Mannaben Shah for providing Panditji transportation to/from BWI Airport.
- Inter-faith Dialog with His Eminence Cardinal Jean-Luis Turan: On Sunday, May 24, 2015, JAINA Interfaith Committee and Jain Center of Metropolitan Washington had jointly organized a Jain-Catholic Dialogue at the Jain Center. The theme of this Dialogue was: "The Practice of Compassion as a Contribution to Peace – Jain Perspective." This meaningful interfaith dialogue was commented by His Eminence Jean-Louis Cardinal Tauran as well as other Catholic and Jain leaders. This event was a very carefully planned one that was witnessed by around 150 attendees. We have posted audio and video files on the Jain Society website. Please visit the website and check them out at your earliest convenience.
- D.C. Kitchen: On Saturday, May 16th, more than 50 volunteers have joined us for this community service project. Once again, JSMW volunteers prepared a vegetarian meal for approximately 4,500 needy people in DC-Metro area. This meant 4,500 individuals were served JAIN meals on this day (and not eating meat), ultimately saving the lives of countless animals (giving them Abhay Daan).
- Mahavir Janma Kalyanak Program: On Saturday, April 25th, we had a stage program that was the result of hard work and talent of our Pathshala children, their teachers and parents. On behalf of entire Executive Committee, we thank all participants, coordinators, teachers, parents and all the volunteers who put on hundreds of hours to make the entire stage program successful and one that exceeded our expectations in all respect!

PRATIKRAMAN: How to observe it?

Pratikraman is a time for us to meditate and reflect upon our soul, eradicate our soul of karma, and ask for forgiveness for any wrongdoings. It is recommended that one should perform Pratikraman once in the morning and once at night. Jain scriptures suggest Pratikraman every night. If that is not possible, it is advised to perform Pratikraman once every fortnight, or four months, or perform Samvatsari Pratikraman once a year (at minimum). Our ultimate goal is to free our soul from karmic bondage, and the longer we wait, the harder it is to get rid of our karma.

There are certain essential rules prior to performing Pratikraman: i) Take a bath, ii) Wear clean clothes, iii) Sit cross legged on a woolly cloth in a quiet place, iv) Have a Muhapatti (white clean handkerchief), v) Have a Navkarwali (Rosary) Navkarwali has 108 beads representing the following total 108 qualities:

- Arihantas: 12 qualities
- Siddhas: 8 qualities
- Acharyas: 36 qualities
- Upadhyayas: 25 qualities
- Sadhus: 27 qualities

vi) Have a Charavala (Soft white brush), and viii) Before sitting down, examine the place for any tiny living creatures.

Pratikraman is divided into six essentials: 1) Samayik - a state of total equanimity, 2) Chauvisantho - worshipping the twenty-four Tirthankars, 3) Vandana - offering salutations to sadhus (monks) and sadhvis (nuns), 4) Pratikraman - realizing what we have done wrong and annotating on it, 5) Kayotsagga - meditation of the soul, and 6) Pratyakhyan – renunciation.

At the conclusion of six essentials, Laghu/Moti Shanti is recited. Shanti is a hymn of peace and well-being of all living beings. This Shanti is recited in the praise of Shantinath Bhagwan and other Tirthankars. The Pratikraman ritual is concluded with Kshamapana:

Khaamemi Savva Jeeva

I grant forgiveness to all living beings

Savve Jeeva Khamantu Me

May all living beings grant me forgiveness

Metti Me Savva Bhuesu

My friendship is with all living beings

Vairam Majham Na Kenai

My enmity is totally non-existent

“Michchhami Dukkadam” are the two words of mutual exchange which are very important and recited throughout the Pratikraman. Everyone is expected to recite them. We fold our hands in front of us and recite “Michchhami Dukkadam” as we meet others. Michchhami Dukkadam means forgiving and asking to be forgiven for any misdeeds committed knowingly or unknowingly.

KSHMA VEERASYA BHUSHANAM

On This Auspicious Occasion of

KSHAMAVANI

We Ask Forgiveness for Any Misdeeds
Committed Knowingly or Unknowingly

MICHCHAMI DUKKADAM

TREASURER'S REPORT

Following is a list of all donations received between March 16, 2015 and July 31, 2015. *Note: Dear Members and other donors, Jain Society appreciate your generous donations. Please check the above list, if we miss anyone's name or if you find any error, please do let us know.*

Special Donations (Anniversary, Pooja In Memory, Donations for Speakers)			
Saurabh Dalal	\$1,001	Dr. Atul & Nita Purohit	\$51
Jason A. Wampler & Lisa Vora	\$501	Dr. Manoj & Kanta Dharamsi	\$51
Ashok & Pallavi Shah	\$400	Gita K. & Kamlesh C. Shah Trs	\$51
Saurabh Dalal	\$173	Himmatlal & Tarlika Desai	\$51
Arvind & Nayana Mehta	\$101	Nimesh & Vaishali Chheda	\$51
Ashok & Mina Shah	\$101	Ramesh & Seema Godbole	\$51
Harsha & Rajendrababu Purohit	\$101	Sunil & Pallavi Dharamsi	\$51
Kamlesh & Aruna Parekh	\$101	Talak & Ranjana Shah	\$51
Kanu & Jyoti Doshi	\$101	Satish & Mayuri Shah	\$50
Paresh & Shilpa Shah	\$101	Kamlesh & Arti Shah	\$31
Babulal Pragni	\$100	Pratixa Khona	\$31
Nina Sheth	\$71	Harilal & Jhaver Gangar	\$25
Kokila G. Chheda	\$61	Jadhavji & Meena Gangar	\$25
Pravin & Veena Dand	\$61	Jasvant & Urmila Doshi	\$21
Anjali Dalal	\$60	Devendra & Kanta Kappor	\$20
Jayvanti Shah & Nipa Shah	\$60	Jitendra & Hansa Modi	\$15
Arvind & Kalpana Patel	\$51	Kanu & Shakuntala Doshi	\$15
Arvind & Rama Desai	\$51	Suresh & Saryu Shukla	\$15
Bhupesh & Yash Mehta	\$51		

Bhoomi Poojan/Kalash & Swami Vatsalaya	
Dr. Manoj & Kanta Dharamsi	\$5,001
KALP LLC.	\$101
Pramathesh & Minaxi Broker	\$108

New Memberships	
Amit Patani	\$151
Bhaveshe & Ketki Maisheri	\$151
Manishkumar Lodaya	\$252
Pratik & Aksha Desai	\$51
Puneet & Mamta Jain	\$151

General Donations (Giriraj Poojan, Shtrunjay Poojan, Gautam Swami Poojan, Nav Took and Abhishek Poojan, Snatra Pooja, Mahavir Janma Kalnayak program, DC Kitchen, Aarti Mangal Divo, Ghee Boli, and Cardinal Visit)			
Deepak & Sunila Merchant	\$1,803	Pravin & Veena Dand	\$101
Ashok & Pallavi Shah	\$1,102	Sanat & Sunita Mehta	\$101
Pragneshkumar & Sonal Shah	\$855	Sanjaykumar Jain	\$101
Hemen and Bela Gandhi	\$752	Sona Graphics Inc	\$101
Dr. Manoj & Kanta Dharamsi	\$601	Vinod & Seema Jain	\$101
Nilesh & Megha Doshi	\$504	Anil & Beena Shah	\$100
Ashish & Jallika Tolia	\$501	Atul & Aruna Shah	\$100
Bijal and Jigisha Shah	\$501	Jitendra & Panna shah	\$100
Hitesh & Falguni Doshi	\$501	Nitin & Meeta Sogani	\$100
Jatin & Toral Shah	\$501	Divyang & Kina Shah	\$81
Parash & Rina Shah	\$501	Nimesh & Vaishali Chheda	\$81
Pradhuman and Laxmi Zaveri	\$501	Kamlesh & Chandrika Shah	\$72

Chintan & Pinky Fafdia	\$500
Dilip & Kusum Dharamsi	\$379
Parakh Jain	\$352
Shailesh & Mona Shah	\$315
Japan & Nupur Mehta	\$279
Kanu & Jyoti Doshi	\$252
Nilesh & Rupal Shah	\$251
Chetan & Sonal Ajmera	\$236
Saurabh Dalal	\$213
Dipak & Nila Shah	\$205
Jatin & Parul Jain	\$202
Jay & Rakhi Jariwala	\$202
Jayesh & Rupa Mehta	\$201
Tejas & Sangita Doshi	\$200
Hitendra & Mansi Nishar	\$152
Janak & Keyuri Rajani	\$152
Nilesh & Manna Shah	\$136
Nayan & Kashmira Vaywala	\$130
Bhavik & Shrutee Shah	\$101
Bhupesh & Pallavi Babu	\$101
Bhupesh & Yash Mehta	\$101
Gita K. & Kamlesh C. Shah Trs	\$101
Harshid & Hemangini Shah	\$101
Jagdish & Saroj Shah	\$101
Jigar Jitendra Shah	\$101
Manchand & Nirmala Maloo	\$101
Narendra & Sushila Jain Foundation	\$101

Sandeep & Jhalak S. Mehta	\$71
Allap & Sheetal Shah	\$51
Amit Patani	\$51
Amrish & Sejal Gangar	\$51
Arvind & Sanyukta Shah	\$51
Dimple & Rupal Doshi	\$51
Hemlataben	\$51
Jignesh & Jaimini Shah	\$51
Kiran B. Shah	\$51
Kriannet Inc	\$51
Narendra Khona	\$51
Palak & Heena Shah	\$51
Rita S. Jain	\$51
Sharad & Sonal Doshi	\$51
Suresh C. Jain	\$51
Gita K. Shah Foundation	\$50
Vipul & Nilima Shah	\$50
Anuja	\$41
Mukesh & Neeta Mehta	\$40
Arvind & Nayana Mehta	\$35
Devang & Rani Ajmera	\$35
Dinesh & Bhavna Mehta	\$35
Kamlesh & Arti Shah	\$35
Manohar & Kalpana Hegde	\$35
Subhash & Arti Choxi	\$35
Mehul & Ami Doshi	\$21
Puneet & Mamta Jain	\$21

MEMBERSHIP DIRECTORY PROJECT

We are planning to publish our members' directory by the end of calendar year 2015. Following information shall be included in this directory: Last Name, Member's and their Spouse's names, Home Address, Home phone number, unmarried children names with their birth month and year. It is very critical to stop by the registration desk during Swapna Ceremony on Sunday, September 13th and verify that all your information is correct.

Several youth members have come forward and have agreed to volunteer their time by contacting our members to verify that their contact information as per our records are accurate. Please be on the lookout for such a call and/or email from our youth volunteers and kindly cooperate by verifying your information during such contact. All information collected will be solely used for our membership directory, will strictly remain confidential and will not be shared with anyone outside the Executive Committee. We would like to thank our youth volunteers: Aimee Doshi, Kanvi Shah, Deesha Ajmera, Ayush Jain, Akhil Ajmera, Sanket Shah, and Rushil Shah for stepping forward in helping us out in this very important task.

The rates for advertisement in this directory are: \$500 for a full page (5.5" x 8.5") and \$250 for a half page on black and white printing. To obtain more information for advertisement for inside front page, inside and outside back page, color advertisement, or in the preparation of the directory, please contact Janak Rajani at (410) 415-3033 or send an email at President@JainsocietyDC.org.

JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

JAIN CENTER LOCATION: 1021 BRIGGS CHANEY ROAD, SILVER SPRING, MD 20905 • PHONE (301) 236-4466

MAILING ADDRESS: P.O. BOX 4548, SILVER SPRING, MD 20914 • **WEB:** WWW.JAINSOCIETYDC.ORG

**ADDRESS SERVICE REQUESTED
FORWARDING POSTAGE GUARANTEED**

Calendar of Events

Date	Program
Thursday, Sept. 10 to Thursday, Sept. 17	Paryushan Parva with Nirmal Sagarji
Sunday, September 13	Swapna Ceremony at Eleanor Roosevelt High School
Thursday, September 17	Deravasi Samvatsari Pratikraman at Mangal Mandir
Thursday, September 17	Mom's with young kids Pratikraman at Jain Center
Thursday, September 17	Pratikraman in English at Cloverly Elementary School
Thursday, September 17	Sthanakwasi Samvatsari Pratikraman at the Jain Center
Friday, Sept. 18 – Sunday, Sept. 27	Das Laskshan Parva
Friday, Oct. 2 – Monday, Oct. 5	Lecture Series by Pandit Kumud Soni
Saturday, October 3	DC VegFest at N St. SE and First St. SE, Washington, D.C.
Sunday, October 4	First Day of Pathshala at Cloverly Elementary School
Wednesday, November 11	Diwali Day
Thursday, November 12	Nav Smaran
Thursday, November 26	Thanksgiving Day Ayambil
Sunday, December 13	Tentative Annual General Body Meeting and 2016 Elections

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