

Curriculum Breakdown

| | Goals | Jnan Yoga: Jain Philosophy | Karma Yoga; Applying Jainism | Ashtanga Yoga: Meditation / Self Reflection | Bhakti Yoga: Jain Rituals |
|-----------------------------------|------------------------|--|---|---|---|
| Nursery Age 3 | 101 | Various stories | Arts & Crafts | Yoga Navakar Mantra | Book 101, 3.0: Coloring (1-12 Bhagwans & Lanchans / year) |
| Pre-Alpha Age 4 | 101 | Various stories | Arts & Crafts | Khamasamno | Book 101, 3.2: Coloring (13-24 Bhagwans & Lanchans / year) Morning Prayers Aarti / Divo |
| Class A1 Year 1: KG | 101 / 102 | Book 102: Lessons 2 – Our Religion, Book 102: Lesson 3 – My Temple | Book 102: Lesson 6 – My Family Book 102: Lesson 8: Going to Pathshala Book 102: Lesson 9 to 12 Living & Non-Living Beings Book 102: Lesson 13 to 18 Do's and Dont's related topics | Logassa | Book 103 Lesson 1: Navakar Mantra Book 102 – Lesson 4 Rituals Book 102 – Lesson 5 Our Spiritual Guru |
| Class A2 Year 2: 1st grade | 101 / 102 | | Book 102: Lesson 21: Vegetarianism Book 102: Lesson 22 to 24 Vegetarian Skits Book 102: Lesson 25 Love for Animal Book 102: Lesson 26 to 27: Environment | Book 101, 3.3: Samayika Postures Irvahiyam | Book 101, 4.0: 24 Bhagwan / Lanchan activity section Book 102: Jain Festivals |
| Class B1 2nd grade | 101 / 103 / 104 | 5 Vows | Book 103: Jain Alphabet Book 104: Moral Skits | Pachindiya Icchakar / Tikkhutto | Book 101, 3.2: 14 dreams Book 101, 3.4: Ashta Prakari Puja Book 101: 5.0 Review Questions Book 101: 6.0 Jain Tirths |
| Class B2 3rd grade | 203 (skip 2.7 and 6.0) | Book 203: Section 2 – Basics of Jainism (2.1, 2.2, 2.6) | Book 203: Section 2 – Basics of Jainism (2.8) Book 203: Section 5 – Living Values (5.1 to 5.8 all) | Tass Uttari Annathha | Book 203: Section 2 – Basics of Jainism (2.3, 2.4, 2.5) Book 203: Section 3 – Life of Mahavir Book 203: Section 4 – Jain Festivals |
| Class C1 4th grade | 101 / 202 | 3 jewels in detail JAB B08, B09, B10: Karma types, Bondage, Punja, Pap | Types of Vegetarian Diets Global Warming Book 203: Section 6 – Jainism in Action | Karemi Saat Lakh | Book 101, 2.0: Jain Symbols Book 202: Jain Stories (Various Thithankaras, Before / During / After Mahavir's life, Acharyas, legends, morals) |
| Class C2 5th grade | 302 | Book 302: Chapter 10 – Path to Liberation (3 Jewels) Book 302: Chapter 22 – Leshya Book 302: Chapter 25 – Anekantavada | Leverage student helpers to develop a project of some kind covering 10-15% of the overall class curriculum. Ideas include a class debate, community service project, etc. | Samayia Papasthana | Book 302: Chapter 5 – Going to the Temple (Shvetambar) Book 302: Chapter 6 – Going to the Temple (Digambar) Book 302: Chapter 7 – Jain Symbols Book 302: Chapter 8 – Dreams of Mother Trishala Book 302: Chapter 27 – Jain Festivals & Holidays |

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| <p>Class D Year 1: 6th grade</p> | <p>302</p> | <p>Book 302: Chapter 9 – What is Dhrama /Religion Book 302: Chapter 11 – 4 Realms Book 302: Chapter 12 - 5 Great Vows</p> | <p>Book 302: Chapter 4 – Jain Laity & Householders Book 302: Chapter 13 – Application of Non Violence Leverage student helpers to develop a project of some kind covering 10-15% of the overall class curriculum. Ideas include a class debate, community service project, etc.</p> | <p>Namutthunam <u>Samayik Procedure/Atichaar Nivrutti</u></p> | <p>Book 302: Chapter 1 – Pancha Parameshti Book 302: Chapter 2 – Tirthankaras Book 302: Chapter 3 – Jain Ascetics Sadhus and Sadhis</p> |
| <p>Class D Year 2: 7th grade</p> | <p>302</p> | <p>Book 302: Chapter 23 - Bhavanas (Reflections) Book 302: Chapter 26 – History of Jain Sects/Scriptures</p> | <p>Leverage student helpers to develop a project of some kind covering 10-15% of the overall class curriculum. Ideas include a class debate, community service project, etc.</p> | <p>Yoga / 10 mins per class body preparation for Samayik discipline <u>Doing Samayik Aradhana</u></p> | <p>Book 302: Chapter 28 – Yakshas and Yakshinis JAB: D08 - Jain Temples & Pilgrimage Places</p> |
| <p>Class E Year 1: 8th grade</p> | <p>302</p> | <p>Book 302: Chapter 24 - Six Essentials Book 302: Chapter 14 – Six Substances Part I Book 302: Chapter 15 – Six Substances Part II Book 302: Chapter 16 – Nav Tattvas Part I Book 302: Chapter 17 – Nav Tattvas Part II</p> | <p>Leverage student helpers to develop a project of some kind covering 10-15% of the overall class curriculum. Ideas include a class debate, community service project, etc.</p> | <p>Uvassagaharam</p> | |